

THE CONTENDER

Rules & Guidelines

The Contender is more than just an obstacle course. It's a community built on teamwork, personal growth and unforgettable experiences. An event where people come together as a team to conquer obstacles, escape the ordinary, and support others along the way.

These guidelines are a core part of that commitment and apply to everyone at our event.

CONTENDING TOGETHER

Treat everyone with respect. Everyone has the right to enjoy their experience free from harassment, discrimination or abuse of any kind.

There is no place in the Contender for harassment, bullying or discrimination. We have a Zero Tolerance policy for this behavior in any form including, but not limited to;

- Verbal, written or physical abuse.
- Sexual harassment, assault or unwanted touch of any kind.
- Any form of discrimination including for reasons of age, disability, personal background, gender or race.
- Displays of any imagery, symbol, flag or apparel that is deemed inappropriate or discriminatory in nature.

Get in touch with our team if you believe you've experienced, or witnessed, any breaches of this policy. We will look into every incident observed by, or reported to, our teams and will take appropriate action. This may involve the removal from events/ experiences (without refund), bans from future involvement and/or notification of relevant authorities.

GENERAL RULES

Contender officials reserve the right to modify any event rule at any time for any reason. Participants are responsible for knowing and understanding the published rules, including any modifications, prior to the event.

- All participants must follow the rules and instructions given by the event director, staff, volunteers, medical staff and law enforcement.
- No participants under the age of 18 on event day. All children under the age of 18 must be accompanied by an adult at all times. Leaving your child unattended while you are racing will result in you being pulled off the course and asked to leave, and may result in a permanent ban from all future Contender events.

- Participants must wear the provided race bib facing forward.
- Photographers and videographers will be documenting the Contender. Participants agree to allow Wilderness MENistry to use images or video footage of them for promotional purposes.
- Registration is closed when the maximum capacity is reached.
- Any participant who disobeys course official instructions may be disqualified and/or removed from the event at the discretion of the course official and event director. Violations include unsportsmanlike behavior, offensive language and conduct, nudity, improper or irresponsible behavior.
- Wilderness MENistry reserves the right to cancel, delay, or move the event due to severe weather, national emergency, terrorist attack, earthquake, tsunami, flood, or another act of God.

SAFETY RULES

Course obstacles may be hazardous. The Contender is designed to push your limits, but do not attempt an obstacle that you are uncomfortable with. Be smart and use your discretion. Notify an event official if you are injured or feel that your safety is in danger at any time during the event.

- Participants release Wilderness MENistry and their employees, organizers, volunteers, directors, sponsors, agents, representatives, and officers from any and all liability according to our Waiver Agreement.
wildernessmenistry.org/m/OCR_Release_of_Liability.pdf
- Participants understand and acknowledge that the Contender is an extreme event and assume responsibility for the inherent risks both identified and not specifically identified. Visit wildernessmenistry.org/health-safety
- Participants must be physically able to complete the course and all obstacles attempted.
- Shoes are required. No cleats.
- The Contender medical personnel are authorized to examine participants who appear to be injured. Medical personnel have the discretion to remove participants from the event.
- Participants assume all responsibility for any and all medical expenses incurred during the event. Participant responsibility includes but is not limited to hospitalization, ambulance transportation or physician services.
- If you cannot swim, or are not completely confident that you can complete a deep water or swimming obstacle, do not attempt it. Swim at your own risk. Personal floatation devices (provided) are required for the kayak portion of the event.

FACILITY & COURSE RULES

- Consumption or use of alcoholic beverages, intoxicants, illegal substances and glass beverage containers are prohibited.
- Please be advised we are a smoke-free facility.
- The use of any fireworks and/or weapons including firearms, B-B guns, pellet guns, bows, or slingshots is strictly prohibited.
- Removing, damaging, destroying, defacing, or otherwise vandalizing any facility property, structure, sign, or vegetation is not permitted.
- Do not bring animals on the race course.
- Baby joggers or strollers, skates, bicycles, skateboards or any other type of recreational vehicle or wheeled device are prohibited on the course.
- Restroom facilities will be provided at the event. Do not urinate or defecate on or near the course.
- Spectators and non-competitors are strictly forbidden from entering the race course unless they have written approval from event officials.

GROWING TOGETHER

These guidelines are an expression of our values as an organization and the type of experiences we strive to provide. The policies will grow and evolve over time. We value your feedback on the experience you've had with us, both positive and negative. This helps us grow as an organization and better serve our community.

Contact us at wildernessMENistry@gmail.com